

Warm Water Pool Schedule - Effective January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00a - 2:55p Open Swim	5:00a - 12:50p Open Swim	5:00a - 9:50a Open Swim	5:00a - 9:20a Open Swim	5:00a - 9:50a Open Swim	5:00a - 9:20a Open Swim	5:00a - 8:20a Open Swim	
						8:30a - 9:20a HiLoH2O	
			10:00a - 10:50a HiLoH2O	9:30a - 10:15a HiLoH2O	10:00a - 10:50a HiLoH2O	9:30a - 10:20a AquaMoves	9:30a - 10:20a HiLoH2O
				10:25a - 12:50p Open Swim			
			1:00p - 2:00p AquaMoves		1:00p - 2:00p Fluid Joints		10:30a - 2:55p Open Swim
		2:10p - 4:50p Open Swim	11:00a - 4:50p Open Swim		11:00a - 4:50p Open Swim		
	3:00p - 4:20p Family Swim			2:10p - 5:20p Open Swim		3:00p - 4:20p Family Swim	
	4:30p - 5:20p HiLoH2O					4:30p - 7:45p Open Swim	
	5:30p - 6:15p \$ Aqua Zumba	5:00p - 5:50p HiLoH2O	5:00p - 5:50p HiLoH2O	5:30p - 6:20p HiLoH2O	5:00p - 5:50p HiLoH2O		
	6:20p - 7:45p Open Swim	6:00p - 10:45p Open Swim	6:00p - 10:45p Open Swim		6:00p - 10:45p Open Swim		
			6:30p - 10:45p Open Swim				

Note: New classes may be added to accomodate demand. Please watch for schedule updates.

\$ Indicates an additional fee and registration is required for this class.

Questions? Email Cynthia at cynthia@phfitness.com or Mel at aquatics@phfitness.com