

Lap Pool Schedule: Effective June 1, 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5a - 7:45p Open Swim	5a - 5:55a: Open	5a - 5:55a: Open	5a - 5:55a: Open	5a - 5:55a: Open	5a - 9:45p Open Swim	5a - 9:20a Open Swim	
	6a - 7a \$ Masters Swim	6a - 7a \$ Masters Swim	6a - 7a \$ Masters Swim	6a - 7a \$ Masters Swim		9:20a - 10:20a Warm Water Class uses 2 lanes	
	7:10a -10:45p Open Swim	7:10a - 11:40a Open Swim	7:10a -10:45p Open Swim	7:10a - 11:40a Open Swim		12:55p - 5:20p Open Swim	10:30a - 7:45p Open Swim
		11:45a-12:45p \$ Masters Swim		11:45a-12:45p \$ Masters Swim			
		5:30p - 6:20p: Aqua Intervals (3 lanes)		5:30p - 6:20p: Aqua Intervals (3 lanes)			
		6:30p-7:30p \$ Masters Swim		6:30p-7:30p \$ Masters Swim			
	7:40p - 10:45p Open Swim	7:40p - 10:45p Open Swim	7:40p - 10:45p Open Swim	7:40p - 10:45p Open Swim		7:40p - 10:45p Open Swim	

Note: Up to one lane may be reserved for private training.
Lane 1 will offer priority to class participants during Warm Water classes.
Please see the Warm Water Pool schedule for additional class times.

When others are Waiting:

If Sharing a Lane: Please limit swims to 45 minutes. If Not Sharing a Lane: Please limit swims to 30 minutes

\$ Indicates an additional fee and registration is required for this class.

Questions? Email cynthia@phfitness.com or jayme@phfitness.com