

# Lap Pool Schedule: Classes begin January 4, 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<b>5a - 7:45p Open Swim</b>	5a - 5:55a: Open	5a - 5:25a: Open	5a - 5:55a: Open	5a - 5:25a: Open	<b>5:00a - 1:45p Open Swim</b>	<b>5a - 9:20a Open Swim</b>		
	6a - 7a: Masters Swim	5:30a-6:30a: Masters Swim	6a - 7a: Masters Swim	5:30a-6:30a: Masters Swim				
	<b>7:10a - 1:50p Open Swim</b>	<b>6:40a - 11:40a Open Swim</b>	<b>7:10a - 1:50p Open Swim</b>	<b>6:40a - 11:40a Open Swim</b>				
		11:45a-12:45p: Masters Swim		11:45a-12:45p: Masters Swim				
		<b>12:50p - 1:50p Open Swim</b>		<b>12:50p - 1:50p Open Swim</b>				
	<b>2p - 3p Pinnacle Closed for Cleaning</b>						<b>9:30a - 12 noon Online Lane Reservation Required</b>	
	<b>3:00p - 6:30p Online Lane Reservation Required</b>	<b>3:00p - 6:25p Online Lane Reservation Required</b>	<b>3:00p - 6:30p Online Lane Reservation Required</b>	<b>3:00p - 6:25p Online Lane Reservation Required</b>		<b>12 noon - 7:45p Open Swim</b>		
	<b>6:30p - 7:55p: Open</b>	6:30p-7:30p: Masters Swim	<b>6:30p - 7:55p: Open</b>	6:30p-7:30p: Masters Swim				
	8p - 9p: Masters Swim	<b>7:40p - 10:45p Open Swim</b>	8p - 9p: Masters Swim	<b>7:40p - 10:45p Open Swim</b>				
	<b>9:10p-10:45p: Open</b>		<b>9:10p-10:45p: Open</b>					

**Note: Up to one lane may also be reserved for classes or private training during Open Swim times.**  
**Please see the Warm Water Pool schedule for class times.**  
**Please limit swims to 30 minutes when others are waiting for a lane.**

**Questions? Email [cynthia@phfitness.com](mailto:cynthia@phfitness.com)**