

Warm Water Pool Schedule — October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00a -3:00p Open Swim	5:00a - 9:50a Open Swim	5:00a - 8:50a Open Swim	5:00a - 12:50p Open Swim	5:00a - 8:50a Open Swim	5:00a - 9:50a Open Swim	6:00a - 9:20a Open Swim
		9:00a - 9:50a Aqua Moves (Heidi)		9:00a - 9:50a Aqua Moves (Lisa)		9:30a - 10:20a Instructor Choice (Rotation)
	10:00a - 10:50a HiLoH2O (Rotation)	10:00a - 10:50a HiLoH2O (Heidi)		10:00a - 10:50a HiLoH2O (Lisa)	10:00a - 10:50a Fluid Moves (Jayme)	10:30a - 11:20a Instructor Choice (Rotation)
	11:00a - 12:50p Open Swim	11:00a - 1:45p Open Swim		11:00a - 1:45p Open Swim	11:00a - 1:45p Open Swim	11:00a - 1:45p Open Swim
	1:00p - 1:45p Fluid Joints (Heidi)		1:00p - 1:45p Fluid Joints (Mary)			
	2p - 3p Pinnacle Closed for Cleaning					
3:00p - 4:00p Family Swim	3:00p - 4:20p Open Swim	3:00p - 4:20p Open Swim	3:00p - 4:20p Open Swim	3:00p - 4:20p Open Swim	3:00p - 9:45p Open Swim	3:00p - 4:00p Family Swim
4:00p - 5:00p Family Swim	4:30p - 5:20p HiLoH2O (Lynn)	4:30p - 5:20p HiLoH2O (Heidi)	4:30p - 5:20p HiLoH2O (Jayme)	4:30p - 5:20p HiLoH2O (Trina)		4:00p - 5:00p Family Swim
5:00p - 7:45p Open Swim	5:30p - 6:20p HiLoH2O (Lynn)	5:30p - 10:45p Open Swim	5:30p - 6:20p HiLoH2O (Jayme)	5:30p - 10:45p Open Swim		5:00p - 7:45p Open Swim
	6:30p - 10:45p Open Swim		6:30p - 10:45p Open Swim			

Questions? Email cynthia@phfitness.com or jayme@phfitness.com