Fruit of the Earth Smoothies

Peaches & Cream $4.25
Peaches, banana, 100% apple juice & low fat yogurt or soy milk

Cherry $3.95
Cherries, banana, 100% apple juice

Strawberry $3.95
Strawberries, banana, 100% apple juice

Strawberry Blonde $3.95
Strawberries, banana, 100% orange juice

Strawberry Mango $4.25
Strawberries, mango, banana, 100% apple juice

Blueberry $4.50
Blueberries, banana, 100% apple juice

Pineapple $3.95
Pineapple, banana, 100% apple juice

Blueberry Pineapple $4.25
Blueberries, pineapple, banana, 100% apple juice

Very Berry $4.25
Blueberries, strawberries, raspberries, blackberries, banana, 100% apple juice

Island Delight $4.25
Mango, strawberries, pineapple, banana, 100% orange juice

Mango $4.50
Mango, banana, 100% orange juice

Southern Harmony $4.25
Blueberries, strawberries, peaches, 100% apple juice

Piña Colada $4.25
Pineapple, coconut, banana, 100% apple juice

Harmless Hurricane $3.95
Cherries, pineapple, 100% apple juice

Patriot $4.50
Strawberries, blueberries, 100% apple juice, low fat yogurt or soy milk

Berry Cherry Delight $4.50
Strawberries, raspberries, cherries, 100% apple juice, low fat yogurt or soy milk

Blackberry $4.50
Blackberries, banana, 100% apple juice, low fat yogurt or soy milk

Tropical Breeze $3.95
Pineapple, strawberries, banana, 100% orange juice

Boosts

Protein $1.00
Glutamine $1.00
Creatine $1.00
Recovery Combo
~ All three supplements $2.00

Smoothie of the Week

Cherry

$2.95

100% Fruit • 100% Juice • 100% Natural