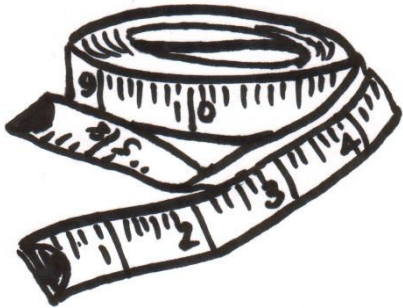


CLUB 10

**Tired of the same old workout?
Trying to get over the weight loss plateau?
Want to try something fun and different?**



Have Fun!

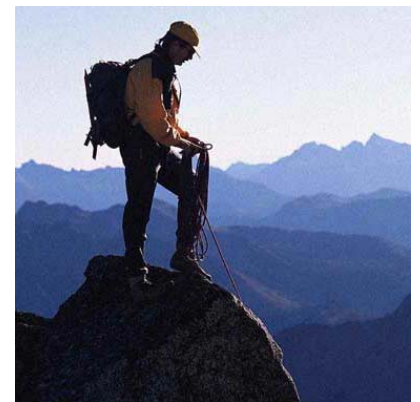
Lose inches!

Don't Wait! Each session limited to 4 participants

DATES: September 29 – November 21

COST: \$109 before 9/19
\$119 after 9/19

TIME: 5:30 p.m. Tuesdays
-or- 12:00 p.m. Wednesdays



Reach your goals!

**For further information contact Danielle at:
daniellev@phfitness.com**

or

**Pick up an information sheet at the front desk to
See what past participants say about CLUB 10**

Lose Weight!

CLUB 10 Registration

Name _____ Date _____

Address _____

Home Phone _____ Work Phone _____

Email Address _____

Club 10 Member: \$109 before 9/19

Club 10 Member: \$119 after 9/19

___5:30pm Tuesdays

___12:00pm Wednesdays

Total amount: _____

Payment (Please circle)

Visa Mastercard Discover American Express Check
Cash On Account

Member/guest warrants and represents that they are in good physical condition, is physically able to undertake all physical activities and to use the facilities of Pinnacle Health and Fitness, Inc and has no disability, impairment, or ailment preventing member/guest from engaging in activity or passive exercise, or that will be detrimental to one's health, safety, comfort, or condition if guest does so engage or participate. By execution of this agreement and pursuant to Wisconsin statutes, section 895.525, participation in recreational activities, member/guest assumes full risk and responsibility for any injuries or damages which may occur to guest in, on, or about the Pinnacle Health and Fitness, Inc. facility and that the Pinnacle Health and Fitness, Inc. its owners, employees, and agents shall not be liable and are hereby forever released and discharged of any claims, demands, actions or causes of action, and damages, present or future, whether the same be known or unknown, anticipated, or unanticipated, to member/guest or member/guest's property arising out of and connected with the use of the services or facilities provided by Pinnacle Health and Fitness, Inc. Member/Guest's sole and exclusive remedy in the event of breach of this agreement by Pinnacle Health and Fitness, Inc shall be a refund of any payment.

Signature _____ Date _____